

mobile midwife-baby plans

370 Queens Pde, Clifton Hill

Ph: 0430 017 607

<https://www.facebook.com/babyplansmelbourne>

Pre-Pregnancy: Fertility Assessment Clinic

Special Introductory Offer: until March 31 2014

30minute free initial consultation.

Take this opportunity to have a confidential conversation about your 'baby-making' hopes and fears, before you decide if **mobile midwife-baby plans** is for you.

- Fertility Assessment- check your fertility early: don't wait until it is not happening. (My evidence based technique has a 60%-80% success rate in achieving pregnancy, in couples with known low fertility)
- How to identify the best time to conceive a baby
- How to improve your chances of conceiving your baby when you want too
- Using evidence based techniques to identify which hormonal, lifestyle or other factors may be inhibiting your fertility
- Improve your chances of selecting the sex of your baby
- Personalised and individualised advice about diet and supplements, to prepare you for a healthy pregnancy
- Detox for pregnancy, clear your system and establish a nourishing environment for your growing baby
- Evidence based method of reducing the risk of miscarriage
- Assistance with preparing yourself for the challenging demands of IVF treatments

Dr Erik Odeblad: <http://onlinelibrary.wiley.com/doi/10.3109/00016346809156845/abstract>

Dr JB Brown: <http://joe.endocrinology-journals.org/content/42/1/5.short>

Dr J&L Billings:

http://books.google.com.au/books?hl=en&lr=&id=bTVlbr9JWpoC&oi=fnd&pg=PA1&dq=drs+john+and+lyn+billings&ots=r7Ld4HPSzc&sig=YYUL2Q_oQG4M0yWA5Wslwypngm4#v=onepage&q=drs%20john%20and%20lyn%20billings&f=false